

Week 1, 4, 7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Italian herb chicken thighs, Roasted Potatoes, Carrot cake, fruit or Frube	Cheese and tomato pizza, Chips, Fresh fruit salad or Frube	Jacket potato with cheese and beans, Coleslaw and cucumber, Rice pudding with Jam	Pasta bolognaise, roasted mixed veg, Fresh fruit salad or Frube	Fish cakes, Chips and peas, Treacle sponge, fruit or Frube
Italian herb veggie fillet, Roasted Potatoes, Carrot cake, fruit or Frube	Vegan burger, Chips, Fresh fruit salad or Frube	Jacket potato with cheese and beans, Coleslaw and cucumber, Rice pudding with Jam	Vegan bolognaise, roasted mixed veg, Fresh fruit salad or Frube	Country veggie cakes, Chips and peas, Treacle sponge, fruit or Frube

Week 2, 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese and chicken pasta bake, Roasted vegetables, Bread and butter pudding or fruit or Frube	Sliced cooked gammon with mash and gravy, Mixed fresh veg, Fresh fruit salad or Frube	Moussaka, Roasted potato, Apple crumble, fruit or Frube	Sausage, mash and gravy, Garden peas, Fresh fruit salad or Frube	Breaded chicken breast chunks (GF*), Chips and beans, Jam sponge, fruit or Frube
Veggie pasta bake, Roasted vegetables, Bread and butter pudding or fruit or Frube	Veggie cottage pie, Mixed fresh veg, Fresh fruit salad or Frube	Vegan Moussaka, Apple crumble, fruit or Frube	Vegan sausage, mash and gravy, Garden peas, Fresh fruit salad or Frube	Vegan nuggets, Chips and beans, Jam sponge, fruit or Frube

Week 3, 6

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese, ham and potato pasty, Roasted vegetables, Rhubarb crumble, fruit or Frube	Roasted turkey with stuffing and gravy, Swede and carrot mash, Fresh fruit salad or Frube	Cream chicken and veg casserole, Mash potato, Lemon sponge with lemon sauce	Macaroni cheese, Roasted vegetables, Fresh fruit salad or Frube	Cod Goujons, Chips and peas, Chocolate sponge, fruit or Frube
Cheese, tomato and pesto pasty, Roasted vegetables, Rhubarb crumble, fruit or Frube	Vegan fillet and gravy, Swede and carrot mash, Fresh fruit salad or Frube	Veggie casserole, Mash potato, Lemon sponge with lemon sauce	Vegan Macaroni cheese, Roasted vegetables, Fresh fruit salad or Frube	Veggie fingers, Chips and peas, Chocolate sponge, fruit or Frube

Sandwich/Wrap:

Mon White Ham sandwich, Frube Yoghurt, Fruit and Cookie White Cheese sandwich, Frube Yoghurt, Fruit and Cookie White Tuna mayo sandwich, Frube Yoghurt, Fruit and Cookie White Egg mayo sandwich, Frube Yoghurt, Fruit and Cookie	Tue White Ham sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder) White Cheese sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder) White Tuna mayo sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder) White Egg mayo sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder)
Wed White Ham sandwich, Frube Yoghurt, Fruit and Sweet treat White Cheese sandwich, Frube Yoghurt, Fruit and Sweet treat White Tuna mayo sandwich, Frube Yoghurt, Fruit and Sweet treat White Egg mayo sandwich, Frube Yoghurt, Fruit and Sweet treat	Thu White Ham sandwich, Frube Yoghurt, Fruit and Cookie White Cheese sandwich, Frube Yoghurt, Fruit and Cookie White Tuna mayo sandwich, Frube Yoghurt, Fruit and Cookie. White Egg mayo sandwich, Frube Yoghurt, Fruit and Cookie
Fri White Ham sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder) White Cheese sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder) White Tuna mayo sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder) White Egg mayo sandwich, Frube Yoghurt, Fruit and Crisps (Plain Golden Wonder)	